

Brave is a safe place to



Grieve with others who identify with our pain.

To begin breaking free from harmful and distorted patterns of thinking.

To learn how to set healthy boundaries that guard our hearts, thoughts, and behaviors.

To allow God to use authentic relationships to heal and transform us from the inside out.

To begin to see the bigger picture of God's work in our lives and his purpose for us.

To share from our own experience, strength, and hope and to encourage each other to Dream again!

WE DIDN'T CAUSE IT,
WE CAN'T CHANGE IT, AND
WE CAN'T CONTROL IT."
AND...WE ARE NOT CRAZY!

Meeting Format

WELCOME
GUIDELINES
ANNOUNCEMENTS
WORKBOOK DISCUSSIONS
SMALL GROUP SHARING
CLOSING PRAYER



Our Traditions

We are guided by and follow one authority - a loving God who presents Himself to us through His Son Jesus Christ - and the wisdom of His Word as revealed in the Bible.

Confidentiality and anonymity are the key to trust and safety within this group. What we say here stays here.

DISCLAIMER

There are no dues or fees for membership. We do not wish to engage in any controversy, endorse nor oppose any causes. Though no formal affiliation exists, we are based on the 12-Step principles of Alcoholics Anonymous. Our primary purpose is to grow in our own recovery and help others achieve this same freedom.



Brave Sisterhood

Support for Partners



Mondays 6:30-8pm

Vertical Church

521 Gluckstadt Road

Madison, MS

brave@lifeworksms.com

hopewarriortribe.com

a blog written by members of brave

Welcome to Brave Sisterhood

Support for Partners



Brave is a community of women (dating steadily, engaged, married, separated, or divorced), who have experienced betrayal and loss as a result of their loved one's struggles with life-dominating sexual sin.

Brave is about healthy relationships with God and other sisters that help us walk through this journey with grace, truth, and love, regardless of the choices our loved ones make.

Our group works through workbooks and together we experience the healing power of spiritual community as we learn to face our real-life hurts and struggles. We vow to seek our own recovery.

We learn from hearing one another's strength, hope, and experience.

Brave Guidelines



1. CONFIDENTIALITY

We maintain confidentiality at ALL times with ALL group members.

2. RESPONSIBILITY

We take personal responsibility for our thoughts, feelings, issues, and recovery. We speak only from our personal experience.

3. ACCEPTANCE

We offer one another the same unconditional love, acceptance, and grace that God has shown us through Jesus Christ.

4. RESPECT

We value one another as unique individuals created by God.

5. HONESTY

we are committed to rigorous honest as a way of life and a fundamental principle of a relationships with God, ourselves, and others

6. OPENNESS

We are determined to be open and willing to gain new insight from the experience of others, and to risk making positive changes.

7. ENCOURAGEMENT

We seek to build up and affirm one another, encouraging one another to persevere as God leads and recognizing our own achievements as we overcome and become new creations in Christ.

The 12 Steps

1. We admitted we are powerless over the sexual behavior of others, that our lives had become unmanageable.
2. We came to believe a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God and Christ.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked God to remove our shortcomings.
8. Made a list of all persons we harmed and became willing to make amends to them.
9. Made direct amends to such people whenever possible, except when to do so would harm them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitting it.
11. Sought through prayer and meditation to improve our conscious contact with God through Christ, praying only for knowledge of His will for us, and the power to carry it out.
12. Having had a spiritual awakening as result of these steps, we tried to carry this message to others and practice these principles in all of our affairs.

