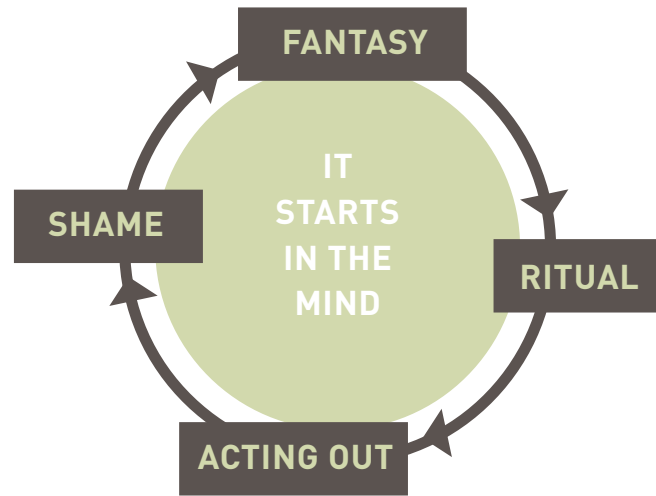


THE ADDICTION CYCLE



5 THINGS EVERY MAN NEEDS TO MAINTAIN A PURE LIFE:

1. Clear sense of the Presence of God that brings a man into authentic repentance.
2. Separation from the old source of temptation.
3. An environment with structure, boundaries and accountability.
4. Development of a life of discipline that is proactive with hedges and checkpoints.
5. A network of Biblical guidance with other men who are also vulnerable.

We recognize that when someone is involved in destructive behaviors he must be given the skills and tools to stop immediately. We also recognize that behavioral change will be temporary if it is not supported by an inward change. As we work with men, we support them to do the work which results in both an inward and outward transformation.

WALKING FREE MEETING INFORMATION

"My Grace is enough for you..." 2 Corinthians 12:9

MONDAY EVENINGS 6:30 TO 8:00PM

Vertical Church
521 Gluckstadt Road
Madison, MS

TYPICAL SCHEDULE

6:30 -7:15pm

Large Group Gathering - Story / Teaching

7:15-8:00pm

Small Group Sharing

FOR FURTHER INFORMATION

601.790.0583



WALKING FREE FOR MEN

A FELLOWSHIP OF CHRISTIAN MEN
WHO ARE SERIOUS ABOUT AUTHENTICITY,
COMMUNITY, HUMILITY, AND RECOVERY



WALKING FREE FOR MEN

Walking Free is a fellowship of Christian men who are serious about authenticity, community, humility and recovery. Serious - not grave. Walking Free men are traveling companions on a great spiritual adventure, not grim pilgrims on a death march to personal holiness. We challenge each other daily to believe the incredible news that God actually knows us, loves us, and has restored us to Himself. As we follow Christ together, we find our lives progressively infused with righteousness, peace and joy.

Our purpose is to encourage and equip men to leave the false intimacy of sexual brokenness for genuine intimacy with Jesus Christ and others – a journey from false intimacy to redemptive intimacy.

We desire to see group members not only stop destructive sexual thought patterns and behaviors, but to also engage in all of their relationships in order to experience true intimacy.

YOUR FREEDOM COST SOMEONE ELSE HIS LIFE

If you are free, then someone has died to give you that experience. Freedom comes at a great cost. God has set you free. His abundant grace has accomplished that which you could never have without His sacrifice. However, many men have refused such freedom and chosen to live a life without joy and void of celebration of what God has given in Christ.

EVERY MAN NEEDS:

- TO BE REAL
- TO GET CONNECTED
- TO STAY CONNECTED
- TO NOT TRUST HIMSELF

WALKING FREE MINISTRY GOALS

1. Come to a place of brokenness and repentance
2. Remove the pattern of destructive behaviors
3. Establish relationships with God and Others

BIBLICAL FOUNDATIONS OF THE 12 STEPS

1. **We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.** “I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out.” (Romans 7:18)
2. **We came to believe that a power greater than ourselves could restore us to sanity.** “For it is God who works in you to will and to act according to His good purpose.” (Philippians 2:13)
3. **We made a decision to turn our lives and our wills over to the care of God.** “Therefore, I urge your brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship.” (Romans 12:1)
4. **We made a searching and fearless moral inventory of ourselves.** “Let us examine our ways and test them and let us return to the Lord.” (Lamentations 3:40)
5. **We admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.** “Therefore, confess your sins to each other, and pray for each other, so that you may be healed.” (James 5:16)
6. **We were entirely ready to have God remove all these defects of character.** “Humble yourselves before the Lord, and He will lift you up.” (James 4:10)
7. **We humbly asked Him to remove all our shortcomings.** “If we confess our sins, He is faithful and will forgive us our sins and purify us from all unrighteousness.” (1 John 1:9)
8. **We made a list of all persons we had harmed and became willing to make amends to them all.** “Do to others as you would have them do to you.” (Luke 6:31)
9. **We made direct amends to such people whenever possible, except when to do so would injure them or others.** “Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift.” (Matthew 5:23-24)
10. **We continued to take personal inventory and when we were wrong, promptly admitted it.** “So if you think you are standing firm, be careful that you don’t fall!” (1 Corinthians 10:12)
11. **We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out.** “Let the word of Christ dwell in you richly.” (Colossians 3:16)
12. **Having had a spiritual experience as the result of these steps, we try to carry this message to others, and to practice these principles in all our affairs.** “Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you may also be tempted. (Galatians 6:1)